**JOB AND GUIDELINES FOR THE PRACTICAL (seminary)**

**Employment on the subject "Cross-cultural research related to health "Specialty «6D050300 - Psychology" General recommendations for seminars:**

1. Seminarskoe activity includes performances doctoral revealing different approaches in the understanding of the theme sessions, discussions performances, summarizing the information received. In every speech given 10 minutes. The task of acting: to present an understanding of the problem of this or that author, highlight features of the author's position in comparison with other authors and the material presented in the lectures, to express their attitude to the presented point of view.

During performances doctoral fix the main and very important points in your notebook. After the speech, the speaker doctoral ask clarifying questions, discuss with him (10 minutes). Thus, doctoral seminars presented and discussed 4 report.

1. Seminarskoe activity can be carried out in the form of discussion when the whole group is divided into several sub-groups, each of which gets its job. Each of the sub-groups working independently for 30 minutes, and then they act on the basis of all statements formulated a general conclusion. In addition, each subgroup has the right to clarify issues, discuss and criticize the performance of their classmates.

also prepare reports for seminars.

1. Seminarskoe activity can be carried out in the form of protection reports. Topic selected prior to the workshop and agreed with the teacher. Doctoral offer your own theme if it coincides with a seminar on the issue under consideration. The report is prepared by several sources. The time allotted for the report of the group - 7-10 minutes.

In the process, you can use the report theses, but in no case do not read the text. The report is assessed by the degree of interest shown by the audience and the number of emerging issues and messages. (5-7 points).

During the seminars on the subject "Cross-cultural research related to health," the teacher recommended to use practical methods of training: psycho diagnostic tasks, various case studies and others.

**Theme 1. Cross-cultural psychology as an interdisciplinary branch of scientific knowledge**

(1 hour 1 week)

**Exercise 1:**

**Selective oral questioning on:**

1.Describe place of culture in the development of psychology.

2.Opishite basic approaches to cross-cultural research.

3.Raskroyte goals and objectives of cross-cultural research.

4.Dayte interpretation of cross-cultural studies today.

**Guidelines for the implementation of tasks**

To perform the tasks using materials lectures on the subject 1 and a list of recommended reading on the topic.

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**Theme 2. Basic approaches to cross-cultural psychology in the history of formation and development of socio-psychological concepts**

(1 hour 2 weeks)

**Exercise 1:**

**Selective oral questioning on:**

1.Opishite emergence of cross-cultural ideas.

2.Raskroyte contribution W. Wundt as the founder of the "psychology of the people."

R. Benedict.

3.Oharakterizuyte role in the development of cross-cultural research.

4.Vydelite A.Kardinera role in the development of the concept of "basic personality structure."

5.Dayte interpretation of psychological anthropology (F.Hsyu) and cross-cultural psychology (U.Rivers).

**Guidelines for the implementation of tasks**

To perform the tasks using materials lectures on the subject 2, a list of recommended reading on the topic.

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**Theme 3. Theoretical orientations of modern Russian, Kazakh cross-cultural research**

 (1 hour 3 weeks).

**Exercise 1:**

**Selective oral questioning on:**

1. Open the features of the development of cross-cultural studies in Russia.

2. Describe the contribution of the Slavophiles, Vygotsky to the development of cross-cultural research.

3. Give the interpretation Sh.Ualikhanov contribution to the development of the study of the Kazakh culture.

4. Check role for A.Kunanbaev in the development of cross-cultural research.

5. Define common approaches to the problem of modern cross-cultural research in Russian and Kazakh psychology.

**Guidelines for the implementation of tasks**

To perform the tasks using materials lectures on the subject 3 and the list of recommended reading on the topic.

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1.Берри Дж., Пуртинга А.Х., Сигалл М.Х., Дасен П.Р. Кросс-культурная психология. Исследования и применение/перевод с англ. - Харьков: Гуманитарный Центр, 2010.

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**Topic 4. Basic methods ethnopsychology**

(1 hour 4 week)

**Exercise 1:**

**Selective oral questioning on:**

1. Open the basic concepts and categories of cross-cultural psychology.

2. Give the general characteristics of the different approaches to the definition of "culture".

3. Consider the features of the measured culture as a construct.

4. Shall describe concepts of "cultural and biological transmission."

5. What are the features of enculturation and socialization?

6. Describe the problems of acculturation and cultural mediation.

**Guidelines for the implementation of tasks**

To perform the tasks using materials lectures on the topic 4, presentation materials, film and the list of recommended reading on the topic.

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## Main Bibliography

1.Берри Дж., Пуртинга А.Х., Сигалл М.Х., Дасен П.Р. Кросс-культурная психология. Исследования и применение/перевод с англ. - Харьков: Гуманитарный Центр, 2010.

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**Theme 5. The basic principles of cross-cultural psychology**

(1 hour 5 week)

**Exercise 1:**

**Selective oral questioning on:**

1. Describe the features of the concept of the principles of cross-cultural research.

2. Expand Features of the principle of "we" and they "for the understanding of cross-cultural psychology.

3. Shall describe the principle of taking into account various factors in the formation of the individual as a representative of a specific culture.

4. Describe the principle of analysis of psychological features of representatives of a culture in unity with the other manifestations of their characteristics.

5. Give the principle of interpretation given the diversity of manifestations of the psychological characteristics of people as members of a particular culture.

6. Consider in particular the principle of comparative analysis of the psychological characteristics of the individual as a representative of a culture.

**Guidelines for the implementation of tasks**

To perform the tasks using materials lectures on the topic 5, presentation materials, test and list of recommended literature on this topic.

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1.Берри Дж., Пуртинга А.Х., Сигалл М.Х., Дасен П.Р. Кросс-культурная психология. Исследования и применение/перевод с англ. - Харьков: Гуманитарный Центр, 2010.

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**Theme 6. Features of cross-cultural studies in psychology**

(1 hour 6 week)

**Exercise 1:**

**Selective oral questioning on:**

1. Analyze the features of cross-cultural studies in psychology.

2. Give the interpretation of the program of cross-cultural research.

3. Describe the characteristics of planning and reliability studies.

4. Describe features dual technology transfer (Campbell).

**Guidelines for the implementation of tasks**

To perform the tasks using materials lectures on the topic 6, presentation materials, test and list of recommended literature on this topic.

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**Theme 7. Psychological dimensions of culture**

(1 hour 7 week)

**Exercise 1:**

**Selective oral questioning on:**

1. Give the analysis of the psychological dimension of culture.

2. Expand the particular cultural syndromes.

3. Analyse the measure "Simplicity - Complexity."

4. Describe the analysis of measurement "individualization collectivism."

5. Describe the measurement of "public-private".

6. Describe the measure "Avoidance of uncertainty."

7. Describe the measure "Power Distance".

8. Describe the measure "Masculinity-femininity.

**Guidelines for the implementation of tasks**

To perform the tasks using materials lectures on the subject 7, presentation materials, test and list of recommended literature on this topic.

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**Theme 8. Cross-cultural study of the environment, population and health**

 (1 hour 8 week)

**Exercise 1**

**Selective oral questioning on:**

1. Describe the unity and connection environment, population and health.

2. Open the interconnection ecosystem and the relationship to health.

3. Select the effect of population growth and social inequality on health-related.

**Guidelines for the implementation of tasks**

To perform the tasks using materials lectures on the topic 8, presentation materials, test and list of recommended literature on this topic.

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## Main Bibliography

1.Берри Дж., Пуртинга А.Х., Сигалл М.Х., Дасен П.Р. Кросс-культурная психология. Исследования и применение/перевод с англ. - Харьков: Гуманитарный Центр, 2010.

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**Theme 9. Social and cultural impact on the health and development of the disease**

(1 ch.9 week).

**Exercise 1:**

**Selective oral questioning on:**

1. Define the psychosocial determinants of health and disease.

2. Describe the relationship of health and socio-economic status.

3. Check the cultural features of the correlation indices and morbidity.

4. Describe the characteristics of social isolation and mortality.

**Guidelines for the implementation of tasks**

To perform the tasks using materials lectures on the subject 9, presentation materials and a list of recommended reading on the topic.

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**Topic 10. Culture and reporting on health**

(1 hour 10 week)

**Exercise 1:**

**Selective oral questioning on:**

1. Expand the role of cultural differences in the perception of health.

2. Specify the characteristics of cultural differences in relation to health.

3. Check the features of cross-cultural research attitude to the disease.

**Guidelines for the implementation of tasks**

To perform the tasks using materials lectures on the topic 10, presentation materials and a list of recommended reading on the topic.

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**Theme 11. Model the impact of culture on physical health**

(1 hour 11 week)

**Exercise 1:**

**Selective oral questioning on:**

1. Describe the dependence of the success of treatment by cultural factors.

2. Expand the particular health problems as a social group.

3. Describe the features of the development of treatment programs targeting specific culture.

4. Highlight Culture-dependent particular development approaches to the treatment of diseases

**Guidelines for the implementation of tasks**

To perform the tasks using materials lectures on the topic 11, presentation materials and a list of recommended reading on the topic.

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**Topic 12. Culture and Mental Health**

(1 hour 12 week)

**Selective oral questioning on:**

1. Describe the characteristics of cultural psychiatry.

2. Specify the particular classification of mental disorders.

3. Specify particular relationship between culture and psychiatric diagnosis.

4. Expand the features of positive mental health.

**Guidelines for the implementation of tasks**

To perform the tasks using materials lectures on the topic 12, presentation materials and a list of recommended reading on the topic.

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**Theme 13. Psychopathology in different cultures**

(1 hour 13 weeks)

**Exercise 1:**

**Selective oral questioning on:**

1. Check the features of the universalist approach to psychopathology.

2. Give the interpretation of cultural relativism in regard to pathology.

3. Assess the culture and the evaluation of the pathological behavior.

**Guidelines for the implementation of tasks**

To perform the tasks using materials lectures on the topic 13, presentation materials, films and a list of recommended reading on the topic.

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**Theme 14. Cross-cultural studies of pathological behavior**

(1 hour 14 weeks)

**Exercise 1:**

**Selective oral questioning on:**

1. Open the symptoms of schizophrenia in different cultures.

2. Describe the cross-cultural study of depression.

3. Describe the cultural-limited syndrome.

**Guidelines for the implementation of tasks**

To perform the tasks using materials lectures on the topic 14, presentation materials, films and a list of recommended reading on the topic.

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**Theme 15. Cultural factors in psychotherapy**

(1 hour 15 weeks)

**Exercise 1:**

**Selective oral questioning on:**

1. Open the particular relationship between culture and psychotherapy.

2. Spend a psychological analysis of the cultural foundations of traditional psychotherapy.

3. 3. Highlight a cross-cultural characteristics of the client relationship to the therapist, the attitude of the therapist to the client.

4. Describe the synthesis of cultural-specific interventions and traditional healing systems.

5. Specify the features of psychotherapy as intercultural communication.

**Guidelines for the implementation of tasks**

To perform the tasks using materials lectures on the topic 14, presentation materials, films and a list of recommended reading on the topic.

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